

Provider: _____
 Ship Address: _____

Pt Full Name: _____
 DOB: _____

Exam Date: _____

Subjective	Objective	Assessment	Plan
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Dx1: _____ Dx2: _____ Dx3: _____

LEFT

RIGHT

STANDING	var (+) val (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	degrees	Calcaneal Stance Position	var (+) val (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	degrees																								
	varus	N/O	0	1	2	3	4	5	6	7	8	9	10	degrees	Tibia Upper Third	varus	N/O	0	1	2	3	4	5	6	7	8	9	10	degrees																								
		N/O	0	1	2	3	4	5	6	7	8	9	10	degrees	Tibia Lower Third		N/O	0	1	2	3	4	5	6	7	8	9	10	degrees																								
	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches	Limb Length Hips Static	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches																								
	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches	Limb Length Knees Static	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches																								
(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches	Limb Length Hips Neutral	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches																									
(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches	Limb Length Knees Neutral	(+) (-)	N/O	1/8	1/4	3/8	1/2	5/8	3/4	1					inches																									
PRONE	ext (+) int (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	Torsion							ext (+) int (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15										
		N/O	0	5	10	15	20	25	30	35	40	45	50	1st MTPJ ROM: Dorsiflexion								N/O	0	5	10	15	20	25	30	35	40	45	50	1st MTPJ ROM: Plantarflexion																			
		N/O	0	5	10	15	20	25	30	35	40	45	50	Internal Hip Rotation								N/O	0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90												
		N/O	0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90	External Hip Rotation								N/O	0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	75	80	85	90				
	(+) (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	Ankle Dorsiflexion: Knee Ext.							(+) (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	Ankle Dorsiflexion: Knee Flexed															
	(+) (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	Subtalar Joint Motion: Sup							(+) (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	Subtalar Joint Motion: Pro															
		N/O	0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	Neutral Subtalar Joint Pos								N/O	0	5	10	15	20	25	30	35	40	45	50	55	60	65	70	Neutral Subtalar Joint Pos											
	var (+) val (-)	N/O	0	1	2	3	4	5	6	Midtarsal Joint 1 - 5							var (+) val (-)	N/O	0	1	2	3	4	5	6	Midtarsal Joint 2 - 5																											
	var (+) val (-)	N/O	0	5	10	15	20	25	30	Midtarsal Joint Post 1 - 5							var (+) val (-)	N/O	0	5	10	15	20	25	30	Midtarsal Joint Post 1 - 5																											
	var (+) val (-)	N/O	0	5	10	15	20	25	30	First Met Cun Joint Flexibility							var (+) val (-)	N/O	0	5	10	15	20	25	30	First Met Cun Joint Flexibility																											
WALKING	ext (+) int (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	Angle of Gait							ext (+) int (-)	N/O	0	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20
	Abductory Twist			Antalgic Gait			Early Heel Off			Gait Attributes							Abductory Twist			Antalgic Gait			Early Heel Off																														
	Extensor Subs			Hits Perpendicular			Hits Varus			Hits Valgus			Gait Attributes							Extensor Subs			Hits Perpendicular			Hits Varus			Hits Valgus																								
	Maximally Pronated			Pronates in Midstance			Pronates + Jogging			Gait Attributes							Maximally Pronated			Pronates in Midstance			Pronates + Jogging																														
	Maximally Pronated			Pronates in Midstance			Pronates + Jogging			Gait Attributes							Maximally Pronated			Pronates in Midstance			Pronates + Jogging																														